

Table 1*Summary of Demographic Characteristics*

Characteristics	N	%
Gender		
Female	27	81.8
Male	6	18.2
Race ^a		
Indigenous American or Native American	1	2.8
Asian	6	16.6
Black or African American	2	5.6
Middle Eastern, West Asian, or North African	1	2.8
Non-Hispanic White	21	53.8
Hispanic, Latino/a/x, or Hispanic-White	5	13.9
Enrollment status		
Part time	2	6.0
Full time	31	93.9
Degree program		
Doctoral	1	3.0
Graduate or Combined Masters	18	54.5
Undergraduate	14	42.4
Age Category (years)		
18-22	21	63.6
22-26	7	21.2
26-30	4	12.1
30-34	0	0
35-39	0	0
40 and over	1	3
Member of LGBTQIA+ community		
Yes	3	9.1
No	13	39.4
No, but I identify as an Ally	17	51.5

Note. $N = 33$ ($n = \#$ subjects for each condition).

^a Participants were able to select multiple responses, so total is greater than 33 ($n > 33$).

Table 1 (continued)*Summary of Demographic Characteristics*

Characteristics	N	%
Employment status ^a		
Employed	15	45.5
Self-employed/Freelance	3	9.1
Interning	2	6.1
Out of work and looking for work	3	9.1
Out of work but not currently looking for work	2	6.1
Homemaker	0	0
Student	26	78.8
Volunteer	7	21.2
Military/Forces	0	0
Retired	0	0
Unable to work	1	3.0
Household income		
Less than \$20,000	3	9.1
\$20,000 - \$49,000	6	18.2
\$50,000 - \$79,000	7	21.2
\$80,000 - \$119,000	5	15.2
More than \$120,000	9	27.3
Don't know	2	6.1
Prefer not to answer	1	3.0
Current housing situation ^a		
Campus or university housing	4	12.1
Off-campus or other non-university housing	21	63.6
Parent/guardian/other family member's home	11	33.3
Temporarily staying with a relative, friend, or "couch surfing" until I find housing.	1	3.0
Homeowner	2	6.1
Shelter	0	0
I currently do not have a place to live	0	0

Note. $N = 33$ ($n = \#$ subjects for each condition).

^a Participants were able to select multiple responses, so total is greater than 33 ($n > 33$).

Table 2
Summary of Physical Health Ratings

Rating	N	%
Poor	1	3.0
Fair	3	9.1
Good	9	27.3
Very Good	16	48.5
Excellent	4	12.1

Table 3
Summary of Mental Health Ratings

Rating	N	%
Poor	1	3.0
Fair	15	45.5
Good	11	33.3
Very Good	5	15.2
Excellent	1	3.0

Table 4
Overall health self-reports

Rating	N	%
How often felt “very healthy and full of energy,” past 30 days		
Never	1	3
Rarely	5	15.2
Sometimes	13	39.4
Very often	14	42.4
Always	0	0
Diagnosed with chronic condition		
Yes	6	18.2
No	26	78.8
Don’t Know/Recall	1	3
Average # alcoholic drinks per week		
None	14	42.4
1-3	14	42.4
4-7	5	15.2
7-10	0	0
10+	0	0
How often use tobacco products		
Never	27	88
Former user	0	0
Rarely or social user	6	18.2
Sometimes	0	0
Often	0	0
Every day	0	0
How often use recreational drugs		
Never	17	51.5
Former user	0	0
Rarely or social user	11	33.3
Sometimes	1	3
Often	2	6
Every day	2	6

Note. N=33 (n= # subjects for each condition).

Table 5

Summary of Food Security Questions by Race and Ethnicity: How often are the following statements true?

	Race and Ethnicity					
	Indigenous American or Native American	Asian	Black or African American	MENA or West Asian	Hispanic, Latino/a/x, or Hispanic-White	Non-Hispanic White
I cannot afford to eat balanced meals.	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)
Always						
Very Often						
Sometimes	1 (12.5)	1 (12.5)			3 (37.5)	4 (50.0)
Rarely		1 (8.3)	2 (16.7)	1 (8.3)	1 (8.3)	8 (66.7)
Never		4 (30.8)			1 (7.7)	9 (69.2)
The food I bought just didn't last and I didn't have money to get more						
Always						
Very Often						
Sometimes			1 (25.0)		2 (50.0)	2 (50.0)
Rarely		1 (14.3)			1 (14.3)	5 (71.4)
Never	1 (4.5)	5 (22.7)	1 (4.5)	1 (4.5)	2 (9.1)	14 (63.6)

Note. Participants were able to select multiple responses, so some row percentages are greater than 100%. Additionally, no respondents reported *always* or *very often* for either question.